



Key Knowledge

- that some foods typically known as vegetables are actually fruits (e.g. cucumber).
- that a fruit has seeds and a vegetable does not.
- that fruits grow on trees or vines.
- that vegetables can grow either above or below ground.
- that vegetables can come from different parts of the plant.
- That vegan diet is the practice of not using/eating from any animal product
- That Eddie Shepherd is an award winning plant-based chef from the north west

Key Vocabulary

Vegan	Someone who doesn't eat food that comes from animals.	Texture	How something feels when it is touched, in this case, tasted.
Ingredients	Forms part of a mixture.	Evaluate	To comment on the final outcome.
Equipment	Tools needed to make the dip.	Method	How something is made.