

Spring 2 - Food - Preparing fruit and vegetables- Vegan dips and Dippers

## Key Knowledge

- that some foods typically known as vegetables are actually fruits (e.g. cucumber).
- that a fruit has seeds and a vegetable does not.
- that fruits grow on trees or vines.
- that vegetables can grow either above or below ground.
- that vegetables can come from different parts of the plant.
- That vegan diet is the practice of not using/eating from any animal product
- That Eddie Shepherd is an award winning plant-based chef from the north west

## Key Vocabulary

Vegan	Someone who doesn't eat food that comes from animals.	Texture	How something feels when it is touched, in this case, tasted.
Ingredients	Forms part of a mixture.	Evaluate	To comment on the final outcome.
Equipment	Tools needed to make the dip.	Method	How something is made.